

1ère édition des "Boucles de la Forêt de Soignes" 1ste editie van "Dwars door het Zoniënwoud"

14 - 10 - 2007

kleine lus - petite boucle : 9 km

middelgrote lus - boucle moyenne : 15 km

grote lus - grande boucle : 20 km

Nordic Walking

A photograph showing three hikers from behind as they walk along a dirt path in a forest. The ground is covered with fallen autumn leaves in shades of orange and brown. The hiker in the center is wearing a bright red jacket and dark pants. The hiker on the left is wearing a grey jacket and has a backpack. The hiker on the right is wearing a light blue jacket and grey pants. All three are using trekking poles. The background consists of tall, thin trees with sparse foliage, suggesting an autumn setting.

Inlichtingen en inschrijvingen -
Renseignements et inscriptions :
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In samenwerking en met de steun van - Avec la collaboration et le soutien de :

NFIB : Nordic Fitness Institute Benelux : www.nfib-alfa.be

VGC : Vlaamse GemeenschapsComissie : www.VGC.be

Gymstick : www.gymstick-indoor.com